**Family Life and Health Course Outline**

**Christmas Term**

**Grade: 7**

***Unit: The Family***

Week: 1-2

**Topic:**

Hygiene

**Subtopic:**

Personal Hygiene

Week: 3-4

**Topic:**

Introduction to the Bahamian Family

**Subtopic:**

The Bahamian Family is Unique

The First Family

Week: 5-6

**Topic:**

Family Patterns

**Subtopic:**

Types of Families

Advantages and Disadvantages of the Types of Families

Week: 7-8

**Topic:**

Functions of the Family

**Subtopic:**

All Families have Needs, Roles and Responsibilities

Week: 9-10

**Topic:**

Influences on Family Structure

**Subtopic**:

The Influences on the Family Values

Understanding each other

Week: 11-12

**Topic:**

Influences on the Family Structure

**Subtopic:**

Economics and The Family structure

**Family Life and Health Education**

**Course Outline**

**Grade: 8**

***Unit: The Family***

Week: 1-2

**Topic:**

Hygiene

**Subtopic:**

Personal Hygiene

Week 3-4

**Topic:**

Introduction to the Bahamian Family

**Subtopic:**

Customs and Beliefs of the Bahamian Family

Week 5-6

**Topic:**

Family Pattern

**Subtopic:**

The Family Life Cycle

Exception to the Pattern

Week 7-8

**Topic:**

Roles and Responsibilities

**Subtopic:**

Rights, Values and Manners

Week 7-8

**Topic:**

The Function of the Family

**Subtopic:**

Reproduction and Family Size

Week 9-10

**Topic:**

The Function of the Family

**Subtopic:**

Building Family Relationships

Week 11- 12

**Topic:**

Influences on Family Structure

**Subtopic:**

The Effects of the Media, Peer Pressure, Culture and Religious Influences

on the family

**S. C. McPherson Junior High School**

**Family Life and Health Course Outline**

**Christmas Term**

**Grade: 9**

Week: 1-2

**Topic:**

Hygiene

**Subtopic:**

Good Grooming

Week: 3-4

**Topic:**

Introduction to the Bahamian Family

**Subtopic:**

The Bahamas

Uniqueness through Multi-cultural Influences

Week: 5-6

**Topic:**

Family Patterns

**Subtopic:**

How families Change

Impact of Death/ Divorce

Week: 7-8

**Topic:**

Function of the Family

**Subtopic:**

Reproduction

Contraception

Week: 9-10

**Topic:**

Function of the family

**Subtopic:**

The importance of Love

The importance of Acceptance

Week: 11-12

**Topic:**

Function of the Family

**Subtopic:**

Pooling Resources

Performing Home Tasks